

Unterrichts-/Belegungsplan ab 11. November 2024

Table listing activities, locations, and instructors for Monday (Montag) and Tuesday (Dienstag). Activities include Pilates, Ballet, Kickboxing, and various youth programs. Locations range from Steinstraße to Herborn. Instructors include Paoyi, Luca, Nastia, and others.

Table listing activities, locations, and instructors for Wednesday (Mittwoch) and Thursday (Donnerstag). Activities include Zumba, TSG, Hip-Hop, and martial arts. Locations range from Steinstraße to Herborn. Instructors include Anthea, Roman, Lisa Emely, and others.

Table listing activities, locations, and instructors for Friday (Freitag), Saturday (Samstag), and Sunday (Sonntag). Activities include Yoga, Ballet, Kickboxing, and various youth programs. Locations range from Steinstraße to Herborn. Instructors include Juliane, Oleg, and others.